



Feb. 12th, 2018

Dear Community Health Advocate;

Thank you for your dedication to improving the health of our community. We would like you to join us as we educate our students and parents during **University High School's Open House Showcase** and our **10th Annual Health and Fitness Fair, April 25TH from 5:00-7:00pm**. Hundreds of our families attend annually. WE want to extend an invitation to you to host a free educational/informational booth. My students will be preparing healthy food dishes and will provide free tastings to all guests who participate in our fair.

In my class, International Foods, we rotate students through several different jobs that support our weekly healthy meal preparation. Every student manages their own garden plot where they cultivate food and learn about nutrition and health benefits of food. Every year our class organizes a health and fitness fair in partnership with other classes and health advocates from our community.

We want to invite you to see the work that we've been doing. At University High School we promote student wellness in many ways. In addition to the classes and services offered by health providers on our campus, many students participate in clubs and programs that extend our community.

As role models in the community your participation in the activities of University High School make learning more fulfilling and relevant. We aim for this event to inform as well as stimulate interest in wellness careers.

As you continue your valuable community work please consider working with us to host this event. We can be reached at universityhealthfair@gmail.com. You can sign-up to host a free booth at our 9th Annual Health and Fitness Fair here: www.uniahes.com, **just click on Health and Fitness Fair**.

Sincerely,

Kerri Eich

Kerri Eich & Students: Nancy Rivas, Brionne Lightsey, Stacy Ruiz, Samuel Hakimbaba
Health and International Foods Teacher
University High School